

Seaman Wrestling



"Home of the Vikings"

Wrestlers look to new season

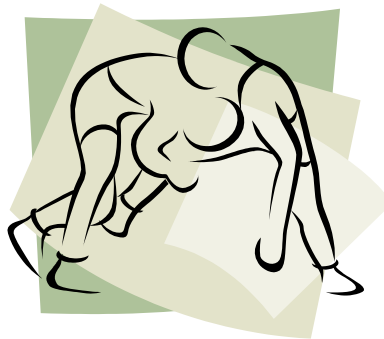
November 17, 2008

The 2008-09 Seaman Wrestling team returns five individuals with state tournament experience. Junior Hunter Garrett, who earned a fifth-place medal at the 2008 tournament at 103 pounds, is the only returning state place-winner. He is expected to compete at 119 or 125 this season. Scott Carlat (Sr), Cole Schreiner (So), Rick Singer (Sr), and Tyler McMillin (Jr) all made their initial appearances at state last season.

Last season the Vikings finished 7th in League, 3rd in Regionals, and 21st at the State tournament

"With only three seniors and twenty freshmen, we will be short on experience. They are a hard-working group, though, and they are excited about the season. They are showing improvement each day," said new Viking coach Patrick Kelly.

Seaman will host two competitions this season, a January 14th match-up with metro power Shawnee Heights and a February 5th dual with 5A contender Gardner-Edgerton.



Seaman Wrestling



"Home of the Vikings"

Seaman finds success in season opener

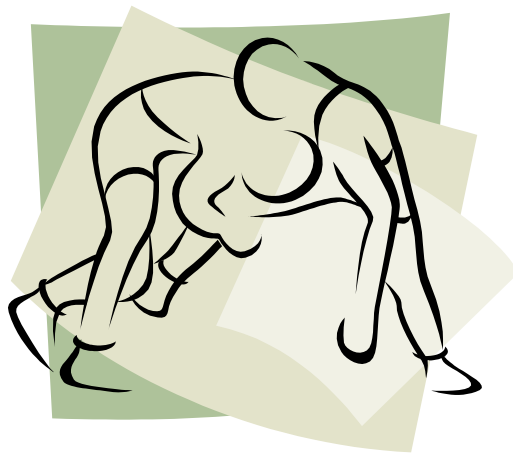
December 6, 2008

The Seaman wrestling team opened the 2008-09 season with a second-place showing in the ten-team Wamego Invitational. Seaman topped Silver Lake 41-26, before blanking Chase County by a score of 78-0 and Hayden by an equally impressive 82-0 final tally. In the final match of their pool, the Vikings beat the host school by a 70-12 margin. In the finals Seaman matched up with Abilene, where they fell 39-35.

Junior Steven Cooksley (189) was perfect on the day going 5-0 with five falls. Other undefeated competitors included 119-pound freshman Geoff Garrison, who went 5-0 with a pair of falls and sophomore Cole Schreiner, who went 5-0 with three falls in the 135-pound weight class.

In other individual results – Zach Pittman (103) 3-2, Bret Simmons (112) 4-1, Hunter Garrett (125) 4-1, George Gillaspie (130) 3-2, Scott Carlat (140) 3-2, Adam Tignor (145) 3-2, Jason Zabokrtsky (152) 4-1, Sam Blindt (160) 3-2, Shayne Boswell (171) 4-1, Rick Singer (215) 4-1, and Tyler McMillin (285) 4-1

The Vikings will be in action next Saturday when they travel west for the rugged Clay Center Invite.



Seaman Wrestling

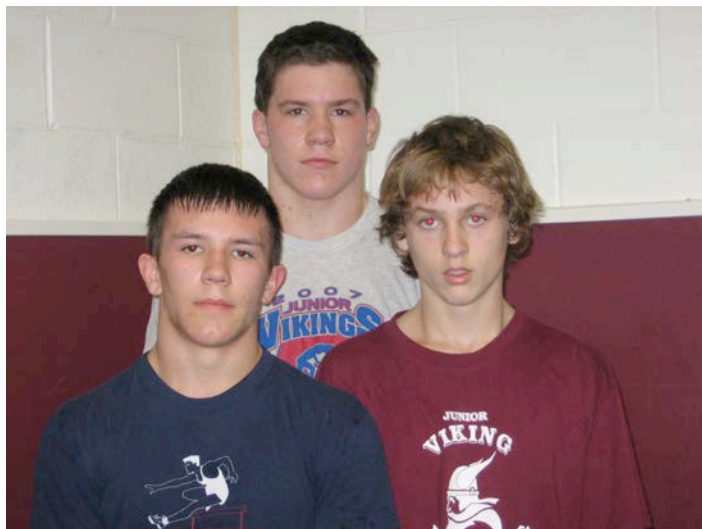


"Home of the Vikings"

Wrestlers of the Week 2008-09

December 6, 2008

Varsity



Geoff Garrison (9) - 119 pounds
Cole Schreiner (10) - 135 pounds
Steven Cooksley (11) - 189 pounds

The trio of Garrison, Schreiner, and Cooksley finished collectively with a 15-0 record and ten falls on the day at Wamego Invitational to open the 2008-09 season.

Junior Varsity

Jason McGinty (10) 215 pounds

Jason's strong work ethic and skills work paid off with a first place showing at Emporia on Saturday.



Seaman Wrestling



"Home of the Vikings"

Garrett and Carlat medal at Clay Center

December 13, 2008

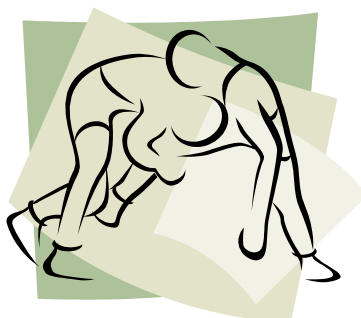
Paced by Hunter Garrett (119) and Scott Carlat's (140) fourth place finishes, the short-handed Seaman wrestling team finished in a disappointing ninth place in the ten team Clay Center Invitational. The Vikings were without the services of three regular starters.

The field of ten included five ranked teams; Beloit (#1) and Norton (#3) from 3A-1A, Clay Center (#1) from 4A, Salina South (#7) from 5A, and Junction City (#7) from 6A. Clay Center claimed the tournament championship.

In addition to the two medalists, solid performances were also turned in by Cole Schreiner at 135 pounds, Sam Blindt at 160, and Adam Tignor at 145. Schreiner defeated a returning state medalist by a 12-4 score to claim fifth-place.

Individual results – Jonathan Boucher (103) 0-4, Bret Simmons (112) 1-4, Garrett (119) 3-2, Geoff Garrison (125) 0-4, Schreiner (135) 2-2, Carlat (140) 2-3, Tignor (145) 2-2, Jason Zabokrtsky (152) 0-3, Blindt (160) 2-3, Shayne Boswell (171) 0-3, Matt Cooksley (189) 0-3, Rick Singer (215) 0-3, Tyler Moon (275) 0-4

The Vikings look to rebound on Wednesday when they are in action at Washburn Rural for a double dual against West and the host school. Action begins at 5:30 pm.



Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09

December 13, 2008

Varsity



Sam Blindt (11) - 160 pounds
Cole Schreiner (10) - 135 pounds
Adam Tignor (11) - 145 pounds

Sam earned two hard fought victories and nearly came away with a third at Clay Center. He showed that he could compete with the best.

Cole had a break through performance in his fifth-place match at Clay Center where he beat a returning state medalist by a major decision.

Along with earning two victories, Adam was the only Seaman athlete to both earn a fall and avoid being pinned at Clay Center.

Junior Varsity

Branden Watson (9) 160 pounds

Branden has been working hard in the practice room all week leading up to the Shawnee Heights JV Tournament, and that hard work paid off on Saturday. Branden had to win a "pigtail" match just to make it onto the bracket, which he did so with a dominating 18-6 Major Decision. His next match was a loss, but Branden came back strong with 3 straight pins en route to a 3rd place finish and helped the team to 2nd place overall. Branden was very coachable on & off the mat and represented himself and Seaman with pride.



Seaman Wrestling



"Home of the Vikings"

Viking wrestlers down Rural and West
December 17, 2008

The Seaman wrestling team earned two league victories Tuesday night at Washburn Rural. In the first dual, the Vikings picked up a hard fought 48-21 win from the host school. In the second dual, Seaman won by a 74-6 margin over Topeka West.

Newcomers Austin Hogan (119 pounds) and Nate Haas (130 pounds) fueled the victory over Rural. Hogan used a variety of attacks to down his opponent by an 8-4 score. Haas use a desperation takedown technique that went from the feet to back to secure a fall with only seconds left in the match. Prior to his escape and ensuing takedown, Haas was down by three points.

In other matches against Rural; Jonathan Boucher (103) was defeated by an 11-7 margin, Bret Simmons won by forfeit, and Geoff Garrison (125) won by fall in fifty-nine seconds. Cole Schreiner (135) stayed consistent with a dominating 8-2 victory and newcomer Keith Romick (140) lost by fall. At 145 pounds Adam Tignor secured a headlock in the opening seconds and scored the fall just prior to the close of the first period. Jason Zabokrtsky (152) dropped a 7-5 decision and 160 pounder Sam Blindt lost a hard fought 10-2 decision. Shayne Boswell scored a fall at 171 pounds. Matt Cooksley (189) and Rick Singer (215) duplicated Boswell's performance to make it three falls in a row for the Vikings. Tyler McMillin lost by fall in the final match of the dual.

West was open in six weight classes. Even so, the Vikings turned in an impressive showing. Boucher, Hogan, Schreiner, Zabokrtsky, and Boswell all won by fall. Simmons and Blindt both picked up major decisions.

The wrestlers are in action again this Saturday when they travel to Emporia for the Winter Classic dual tournament.

Seaman Wrestling



"Home of the Vikings"

Schreiner lone medalist at Winter Wrestling Classic December 20, 2008

The Seaman wrestling team competed at the Winter Wrestling Classic tournament in Emporia on Saturday where they finished in 11th place with 63 points. There were sixteen teams involved in the tournament.

Sophomore Cole Schreiner, wrestling at 135 pounds was Seaman's lone medalist, with his 3rd place finish. He ended the day with a 3-1 record. His lone loss was to Emporia's top ranked and returning state runner-up Sal Tovar.

Placing fifth with 3-2 records were junior Hunter Garrett at 135 pounds and senior Rick Singer at 215 pounds. Singer secured an 8-3 come-from-behind over his Lansing opponent to stay alive in the backside of the bracket.

Other Seaman results - Jonathan Boucher (103) went 1-2, Bret Simmons (112) was 1-2, Geoff Garrison (125) finished the day even at 2-2, Nate Haas (130) was 0-2, freshman Cody Pierce went 0-2 in his varsity debut at 140 pounds, Adam Tignor won one and lost two at 145 pounds, Jason Zabokrtsky went 0-2 at 152 pounds, Sam Blindt went 1-2 at 160 pounds, Shayne Boswell (171) finished 1-2, Matt Cooksley was 1-2 at 189 pounds, and Tyler McMillin finished 1-2 at 285.

Going into the break, the Vikings are 6-1 in dual standings. Individually, Cole Schreiner leads the team in wins with 12, Steven Cooksley and Jason Zabokrtsky have the most falls with 5 apiece, and Schreiner has 22 takedowns to also lead the team in that category. Cooksley, who has been out since the initial week of competition, is expected to return to the line-up shortly after the first of the year. He recently underwent arthroscopic surgery to repair a torn meniscus in his knee. The Vikings have almost three weeks off until their next competition, which is January 10th when they travel south to Maize for a ten-team invitational.

Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09
December 20, 2008

Varsity



Austin Hogan (9) - 119 pounds
Nate Haas (10) - 130 pounds
Matt Cooksley (12) - 189 pounds
Cole Schreiner (10) - 135 pounds

Hogan and Haas earned two victories in their varsity debuts against West and Rural.

Cooksley earned a come-from-behind fall in his match with Rural.

Schreiner earned victory #12 on the season with a third-place showing at Emporia's Winter Wrestling Classic.

Junior Varsity

Spencer Hildebrandt (10) 189 pounds



Spencer Hildebrandt wrestled well going 4-1 and earning 2nd place at Pleasant Ridge.

Seaman Wrestling



"Home of the Vikings"

Singer strikes gold at Maize Invitational

January 10, 2009

Senior Rick Singer claimed the 189 pound title at the Maize Invitational to pace the Seaman Wrestling team at the nine-team tournament. He finished a perfect 4-0 on the day with two falls.

Losing narrow decisions in the finals were Hunter Garrett and Cole Schreiner. Garrett was 3-1 with two falls. Schreiner went 4-1 with one fall. He now has sixteen wins on the season to lead the Vikings in that category.

Four others also medaled for Seaman. Scott Carlat went 3-2 and finished 5th at 140 pounds. Sam Blindt equaled Carlat at 152 pounds. Freshman AJ Brown stepped into the line-up in impressive fashion. He finished in fourth place with a 2-2 record at 215. Viking heavyweight Nick Casper finished in 6th with a 1-3 record to round out the medalists. Seaman finished in 7th place in a tight team race.

The Vikings Wrestlers are in action again on Wednesday night when they host Shawnee Heights. The action begins with JV at 6:00 pm followed by Varsity.

Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09
January 10, 2008

Varsity



Hunter Garrett (11) - 119 pounds
Rick Singer (12) - 189 pounds

Hunter Garrett went 4-1 and had two falls at the Maize Invitational.

Rick Singer had two falls en route to a perfect 4-0 record and an individual title at the Maize Invitational.

Junior Varsity

Colton McKnight (9) 125 pounds



Colton went 2-0 at the Bonner Springs Invitational, picking up a fall and an impressive 8-2 decision.

Seaman Wrestling

"Home of the Vikings"

Seaman falls short in home dual

January 15, 2009

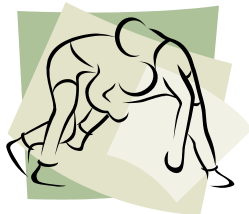
The Viking wrestling team dropped a hard-fought 39-29* home dual to Shawnee Heights on Wednesday night.

Bret Simmons started the team scoring for the Vikings with a fall at 112 pounds. Seaman's next team points were recorded at 130 pounds when Cole Schreiner won by injury default. He was leading by a comfortable margin when the injury occurred. Adam Tignor, who had his debut in the 135 pound weight class, recorded an impressive 14-5 major decision. The Vikings did not earn another win until Steven Cooksley won by fall at 189 pounds. It was his first match back since December 6th due to a knee injury, which required surgery. Although not coming off the mat with a win, 160 pounder Sam Blindt came close. He dropped a last second 16-13 match to one of Heights' most seasoned veterans. Cooksley's teammate and workout partner, Rick Singer won an overtime thriller at 215 pounds. Tyler McMillin made it three in a row for the home team with a 10-2 decision at 285 pounds.

The exuberance of the crowd, fueled by Seaman's sub-varsity teammates in the stands, created an atmosphere suited to a city and league rivalry.

The Vikings will be in action on Friday and Saturday when part of the team travels to St. Marys while others take part in the Bobcat Classic at Basehor-Linwood High School.

*The official team score is 39-29. A calculation error had the score recorded as 40-29



Seaman Wrestling

"Home of the Vikings"

Seaman brings home four medalists from Bobcat Classic
January 17, 2009

The Viking wrestlers finished in a respectable 17th place this weekend at Basehor-Linwood's Bobcat Classic. The thirty-two school participating represented some of the top teams in Kansas as well as strong representatives from Missouri and Iowa.

Seaman earned four individual medals. Cole Schreiner (130) went 3-3 and finished in 8th place. At 189 pounds, Steven Cooksley earned the highest individual placing when he earned a fourth-place medal. He finished the tournament with a 3-2 record, which included two falls. Rick Singer had an outstanding tournament. He finished in seventh-place with a 3-2 record and one fall. Tyler McMillin (285) rounded out the Seaman place-winners with an eighth-place finish. He was 2-3 with one fall.

Adam Tignor (135) and Sam Blindt (152) made it through the first day of competition and were both one victory from medaling when they were eliminated in the opening round of the second day of competition. Tignor finished 3-2 with two falls and Blindt went 2-2.

Other participants included; Colton McKnight (125), Scott Carlat (140), Shayne Boswell (160), and Matt Cooksley (171).

Seaman also had a group in action at the St. Marys Invitational this weekend. Bret Simmons was the lone place-winner for the Vikes. He earned a 4th place medal at 112 pounds.

Seaman will be in action next at the Emporia dual tournament on Saturday.



Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09

January 17, 2008

Varsity



Bret Simmons – 112 pounds, Cole Schreiner – 130 pounds, Adam Tignor – 135 pounds, Sam Blindt – 152 pounds, Steven Cooksley – 189 pounds, Rick Singer – 215 pounds, Tyler McMillin – 285 pounds

Simmons had a key victory in the Heights dual and placed at the St. Marys Invitational. Schreiner earned six team point in the Heights dual and placed at the Bobcat Classic. Tignor earned a major decision in the Heights dual and made it to the second day of competition at Basehor. Blindt was narrowly defeated in the Heights dual in an exciting match. He was one match from placing at Basehor. Cooksley earned a fall in the Heights dual and a fourth-place medal at Basehor. Singer won an overtime match against Heights and placed 7th at Basehor. McMillin won by major in the Heights dual and placed 8th at Basehor.

Junior Varsity

AJ Brown (9) 215 pounds



AJ continues to show improvement and is a key member of the sub-varsity line-up. He won his match in the Heights dual and finished 2-2 in the St. Marys varsity tournament.

Seaman Wrestling

"Home of the Vikings"

Seaman drops four at Emporia's Winter Duals January 24, 2009

The Seaman wrestling team does not shy away from good competition. On Saturday, Emporia's Winter Duals was a good example of this. The Vikings faced the top ranked team in 5A (Emporia) and from 6A, the #2 ranked team (Derby), the #3 ranked team (Wichita Heights), and the #4 team in Junction City.

The Vikings opened with a 56-6 loss to Emporia. The host school demonstrated why it has the top spot, but Seaman was not without its highlights. Cole Schreiner recorded a fall at 130 pounds and Steven Cooksley lost a 7-6 nail biter to returning state runner-up and current #1 ranked Mark Kolmer at 189.

In the second round, Seaman was on the short end of a 40-30 score to Wichita Heights. The Vikings won six matches in the contest, including two dramatic come-from-behind falls. Adam Tignor (135) and Sam Blindt (152) were both behind on the scoreboard late in their matches when the ref slapped the mat in their favor. Cole Schreiner and Steven Cooksley also recorded falls against Heights. Rick Singer (215) and Tyler McMillin (285) both won by decision.

Derby was next up for Seaman. The 45-19 loss is somewhat deceptive when you consider the unfortunate circumstances that took place. Scott Carlat (140) went down with a separated shoulder in the opening period of his match. The injury required a trip to the doctor and may be season-ending for him. At heavyweight, Tyler McMillin lost a heartbreaker in overtime and cost the Vikings a team point when he lost control of his emotions. On the up side, Steven Cooksley (189) and Rick Singer (215) recorded wins by decision while Hunter Garrett (119) and up-and-coming Adam Tignor (135) won by major decisions.

Competing against league rival Junction City was not an easy task with two open weight classes, but the Vikings gave a valiant effort in a 43-27 loss. Seaman actually led the contest at several points in the dual. Wining by fall for Seaman were; Steven Cooksley (189), Adam Tignor (135), Tyler McMillin (285), and freshman Zack Pittman (103). Sam Blindt (152) picked a hard fought decision to complete the scoring for the Vikings.

The Vikings also got an opportunity to get a fifth match in against a 'team' comprised of extra varsity wrestlers from all of the teams. Bret Simmons (112), Zack Pittman (103), Steven Cooksley (189), Hunter Garrett (119), and Geoff Garrison won in matches contested.

The Vikings are in action next on February 5th in a home, Senior Night, dual against #5 ranked Gardner-Edgerton.

Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09

January 24, 2008

Varsity



Adam Tignor - 135 pounds, Sam Blindt - 152 pounds, Steven Cooksley - 189 pounds

Tignor went 4-1 at the rugged Emporia Dual Tournament. His only loss was to his #1 ranked opponent from Emporia. Blindt went 3-2 at Emporia. His wins included a come-from-behind fall. Cooksley opened the day with a narrow 7-6 loss to his #1 ranked Emporia opponent, then followed with four straight victories - three coming by fall.

Junior Varsity

Aaron Cool (9) 130, Colton McKnight (9) 125, Jason McGinty (10) 215, Dylan Hall (10) 160, Tyler Moon (11) 285, Cody McKnight (10) 152



Colton, Aaron, and Jason all placed first in their weight classes at the West JV Tournament. Dylan, Tyler, and Cody ended the day with third-place finishes. Cody had an especially strong finish in earning his medal on the backside of the bracket.

Seaman Wrestling

"Home of the Vikings"

Four champions pace outstanding performance at Manhattan JV meet
January 30, 2009

The varsity had the weekend off, but the Viking sub-varsity wrestlers finished with seventeen medalists out of twenty-four participants in the Manhattan JV Tournament on Friday night. Leading the way were first-place finishers; Bret Simmons (119), AJ Brown (215), Nick Casper (285), and Donovan Whiteaker (285). Simmons actually weighed in at 112 pounds, but was bumped up due to a full 112-pound weight bracket. Casper and Whiteaker were in separate heavyweight brackets.

Michael Allen joined the Seaman heavyweight champions in being named Wrestler-of-the-Week. He entered the competition without a victory on the year and left the tournament with two en route to a third place finish! Whiteaker used a punishing headlock to go 2-0. Casper left everything on the mat in an inspiring performance, which was dedicated to his grandfather who recently passed away.

Other place winners included; Jonathan Boucher (4th at 103), Dylan Kadous (2nd at 125), Austin Hogan (3rd at 125), Aaron Cool (4th at 130), George Gillaspie (2nd at 140), Keith Romick (4th at 140), Alex Stattleman (4th at 145), Jordan James (2nd at 160), Branden Watson (3rd at 160), Matt Cooksley (3rd at 171), Austin Ogden (4th at 171), and Jason McGinty (3rd at 215). Gillaspie is back on the mat after weeks of shoulder rehabilitation. McGinty avenged his only loss of the day with an overtime victory in the consolation finals. Earlier in the day he lost in overtime to the same opponent. The Seaman wrestlers are in action next in a home Senior Night match-up with Gardner-Edgerton. The JV meet begins at 6:00 pm followed immediately by varsity action.

W r e s t l e r s - o f - t h e - W e e k	Michael Allen (09), Nick Casper (11), and Donovan Whiteaker (10)
---	---



Seaman Wrestling



"Home of the Vikings"

Ranked team downs Seaman 35-28

February 5, 2009

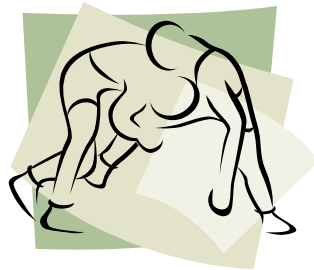
Gardner-Edgerton came in as the #7 ranked team in 5A and showed why they garner that level of respect in a 35-28 victory against the Vikings in a home dual.

A highlight for the home team actually happened in a loss. Hunter Garrett, wrestling at 119 pounds, lost a tightly contested 4-2 match to his opponent, who is a returning state champion and currently ranked #1. Garrett scored a late takedown and ended the match with the momentum.

Other Viking wins came at 130 pounds where steady Cole Schreiner earned a major decision. He had his opponent nearly pinned as time expired. At 160 pounds, Shayne Boswell won by decision and Steven Cooksley picked up a victory by decision at 189 pounds. Zack Pittman (103), Rick Singer (215), and Tyler McMillin (285) all won by forfeit.

Seaman's three seniors (Scott Carlat, Matt Cooksley, and Rick Singer) were recognized for their commitment to the program between junior varsity and varsity match-ups.

Both Junior Varsity and Varsity teams are in action on Saturday at the Silver Lake Invitational.



Seaman Wrestling

"Home of the Vikings"

Simmons and Singer highlight strong Viking performance February 7, 2009

The Seaman wrestling team finished in a season-best 4th place in the fifteen-team Silver Lake Invitational. The Vikings finished with six medalists and placed ahead of Salina South, the #10 ranked team in 5A.

Sophomore Bret Simmons earned an individual title at 112 pounds. In the finals he knocked off the top seed from Silver Lake. He finished the day a perfect 3-0 with two falls.

Hunter Garrett finished in a respectable 4th place in a deep 119-pound weight class. He was 3-2 on the day with one fall. He lost a close 4-1 match against the defending state champion in the consolation finals.

Cole Schreiner went 2-1 with one fall at 130 pounds in a second-place effort. He lost a tight 7-5 match in the finals to an opponent who blanked him 7-0 only three weeks ago. Schreiner now leads the team in individual wins with twenty-six.

Austin Ogden replaced Matt Cooksley in the line-up at 171 pounds and made the most of it with a 4th place finish. He went 1-2 on the day.

189-pounder Steven Cooksley finished in 3rd place. He had a three and one record on the day with 2 falls. Despite being out of competition for several weeks with a knee injury, Cooksley continues to lead the team in falls with thirteen.

Rick Singer continues to impress. He won the 215-pound title and finished 3-0 on the day with one fall. His opponent in the finals came into the match as the top seed with a perfect 15-0 record on the season.

Other competitors for Seaman included; Zach Pittman (0-2 at 103), Geoff Garrison (1-2 at 125), Adam Tignor (0-2 at 135), Sam Blindt (1-2 at 152), and Shayne Boswell (0-2 at 160).

The varsity wrestlers are in action at the Centennial League Tournament at Washburn Rural on Saturday, while the Junior Varsity squad competes at Burlington to complete their 2008-09 schedule.



Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09

February 7, 2008

Varsity



Bret Simmons (10) 112, Hunter Garrett (11) 119, Rick Singer (12) 215

Simmons performed well in the Gardner-Edgerton dual and earned a tournament title at Silver Lake. Garrett showed he belongs with the top competition in the state with his recent performances. Singer won a title at Silver Lake over a previously undefeated opponent in the finals.

Junior Varsity

Cody Pierce (9) 140, Jason McGinty (10) 215, Donovan Whiteaker (10) 285



For the second week in a row Whiteaker won a tournament.

Pierce continues to show improvement, he went 3-2 at Silver Lake after having a good showing in the Gardner-Edgerton dual. McGinty joined Whiteaker with a Silver Lake title.

Seaman Wrestling

"Home of the Vikings"

Singer silvers at league, team finishes fifth

February 14, 2009

Senior Rick Singer finished second in the 215-pound weight class and the team finished in fifth-place at the Centennial League tournament at Washburn Rural on Saturday. The Vikes also had four third-place finishers and another three who medaled with fourth place finishes.

Emporia ran away the team title, finishing well ahead of runner up Shawnee Heights. Junction City was third and Manhattan finished fourth. Seaman's fifth place showing was one higher than the host school, who finished ahead of Topeka High, Topeka West, Highland Park, and tenth-place finisher, Hayden.

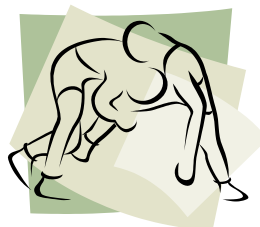
Singer entered the finals after a first round fall and a 4-3 semi-finals victory over his state-ranked foe from Emporia. In the finals he dropped an 8-4 decision to his opponent from Junction City, who pinned him only three weeks ago. Singer now has twenty-five wins on the season.

Bret Simmons (112), Hunter Garrett (119), Cole Schreiner (130), and Steven Cooksley (189) were Seaman's third-place finishers. All finished the day with 3-1 records. Simmons and Garrett both had two falls. Schreiner lost a heartbreaker in Ultimate Tie Breaker (UTB) in the semi-finals, but fought his way back to a consolation-finals victory. All of his victories came by fall. Steven Cooksley's only loss came in the semi-finals to his top-ranked competitor from Emporia.

Finishing 2-2 on the day and in fourth-place were; freshman Zach Pittman (103) and Geoff Garrison (125) and senior Matt Cooksley (171). It marked the first tournament placing on the year for the elder Cooksley. He had one fall on the day.

Also participating were; Dylan Kadous (135), Adam Tignor (140), Sam Blindt (152), Shayne Boswell (160), and AJ Brown (285).

The Vikes head to Emporia for Regional competition this Saturday. The top four individuals from each weight class qualify for State.



Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09

February 14, 2008

Varsity



Bret Simmons (10) 112, Hunter Garrett (11) 119, Cole Schreiner (10) 130, Steven Cooksley (11) 189, Rick Singer (12) 215

In placing third at League, Simmons, Garrett, Schreiner, and Cooksley earned the distinction of All-Centennial League, as does Singer with his finals appearance. Each performed at or above their pre-competition seeding expectations.

Junior Varsity

Zak Kennedy (9) 103, Aaron Cool (9) 130,
Jason McGinty (10) 215



The trio of Kennedy, Cool and McGinty closed out the 2008-09 JV season with tournament championships at the Burlington JV Invitational. Additionally, all sixteen of Seaman's entries in the tournament earned a medal in the event.

Seaman Wrestling

"Home of the Vikings"

On to State... seven will represent Seaman in Wichita

February 21, 2009

The Seaman Vikings will be represented by seven individuals at the 2009 State Tournament in Wichita. The ticket to state was a top four finish from the competitive Emporia Regional. Finishing fourth were Shayne Boswell and Rick Singer. Third place was earned by Bret Simmons and placing second were; Hunter Garrett, Cole Schreiner, Sam Blindt, and Steven Cooksley.

Seaman finished fifth with 107½ points in a tight team race that saw the Vikings as high as second-place during the competition. Emporia ran away with the team title, but a scant 19½ points separated the next five teams.

Simmons earned his third fall on the day in his third-place match. To earn a trip to the consolation-finals and qualify for state, he had to get past his Emporia opponent that beat him a month ago. He won by fall. Prior to that match he lost in the semi-finals and won by fall in the opening round.

Garrett entered the tournament at the second seed and equaled that prediction. He went 2-1 on the day.

Schreiner dropped a 3-2 finals decision to his Emporia opponent, who is a three-time state medalist. He entered the finals with a first round bye and a decisive semis victory.

Blindt entered Saturday's Regional competition with a 16-21 record, which was not good enough for a top-four seed in the bracket. In the opening round, in fact, he was matched against the #1 seed from Shawnee Heights. He was twice defeated by this opponent this season, including a loss by fall at last week's league meet. This time around it was Blint by a convincing 14-1 score! He kept the momentum with a fall in the semi-finals. In the finals he lost on a controversial last-second reversal that had three referees conferring. Unfortunately, the call stood and Blindt was denied the regional crown.

Boswell entered the tournament with the lowest win percentage in the 160-pound weight class, but proved he had what it takes to qualify with his fourth-place finish. A week ago he was pinned by his opponent from Highland Park. This week fortunes were reversed in 'the match to qualify.' He finished 2-2 on the day.

Steven Cooksley earned a fall in the opening round and won a hard-fought decision in the semi-finals. In the finals he lost to his top ranked opponent from Emporia for the third time this season. This time it was a 3-0 decision.

Seaman Wrestling



"Home of the Vikings"

Singer came in as the #2 seed, but went 2-2 and finished fourth after two close losses. He was in a weight class with five evenly matched wrestlers and had to wrestle well just to make the cut.

Seven Vikings failed to earn a top-four finish and concluded their seasons at Emporia. Zach Pittman was 0-2 at 103, Geoff Garrison went 1-2 at 125, Dylan Kadous was 0-2 at 135, Adam Tignor finished 1-2 on the day at 140, Alex Stattleman was 0-2 at 145, Matt Cooksley went 1-2 at 171, and heavyweight AJ Brown finished 1-2. Cooksley is the only senior in the group, four are freshmen.

Heading into the final week of the season, stat leaders include; Schreiner with thirty wins and seventy-two takedowns, Cooksley with thirteen falls, and Simmons with the fastest fall at eleven seconds.

After a one-year hiatus, the Kansas Coliseum in Park City is again the site of the 5A and 6A tournament. Start time is 10:00 am on Friday, with the final session at 4:30 pm on Saturday. Results can be tracked on the KSHSAA website.

Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09

February 21, 2008

Varsity

Bret Simmons (10) 112, Hunter Garrett (11) 119,
Cole Schreiner (10) 130, Sam Blindt (11) 152,
Shayne Boswell (11) 160, Steven Cooksley (11) 189,
Rick Singer (12) 215

These individuals will represent Seaman at the 2009 Kansas 5A State Tournament. Six of the seven either equaled or exceeded their pre-tournament seed. Blindt upset the #1 seed in the opening round and lost a controversial decision in the finals. Six of the seven are underclassmen.



Seaman Wrestling

"Home of the Vikings"

Garrett and Cooksley - State Medalists

February 28, 2009

The Seaman wrestlers entered state competition with four runners-up, a third-place, and two fourth-place finishers from regional competition. The contingent was looking to have a strong tournament and improve upon their 21st place state team finish from a year ago.

The Vikings finished shy of their goal with a 23rd place finish, but earned two individual sixth-place medals, from Hunter Garrett and Steven Cooksley, who both finished 3-3 in the tournament. Sam Blindt went 2-2 and was one win shy of placing. Cole Schreiner finished 1-2 and Bret Simmons, Shayne Boswell, and Rick Singer all went 0-2 at state.

To get in to the medal round, Garrett used a dramatic five-point move with seconds left in the match to get past his Hutchinson opponent. In the consolation semi-finals he dropped a decision to the defending state champion from Salina South. He injured his shoulder in that match causing the coaching staff to contemplate injury defaulting his final match, which he lost by fall. He is now a two-time state medalist. Last year he finished in fifth-place at 103 pounds.

Cooksley had two falls in the tournament on the way to his sixth-place finish. He lost a tight decision in the consolation semifinals and dropped a decision to his Lansing opponent in the 5/6-place match. In the quarter-finals, Steven lost in overtime to his Great Bend opponent who later claimed the 189-pound title.

Blindt kept his medal hopes alive when he scored a takedown and back points with seconds left on the clock in the second consolation round. His other victory was also a come-from-behind thriller where he took the lead with under thirty seconds left in the match.

The end of season stat leaders are; Wins - Schreiner with 31, Falls - Cooksley with 15, Takedowns - Schreiner with 76, and Simmons had the fastest fall on the season at eleven seconds.

The Vikes are already looking forward to next season. A good group of eighth-graders is coming up and the team loses just three seniors from its roster. The end-of-season-banquet is slated for March 9th at 6:00 pm in the SHS commons and auditorium.

Seaman Wrestling



"Home of the Vikings"

Wrestlers of the Week 2008-09
February 28, 2008

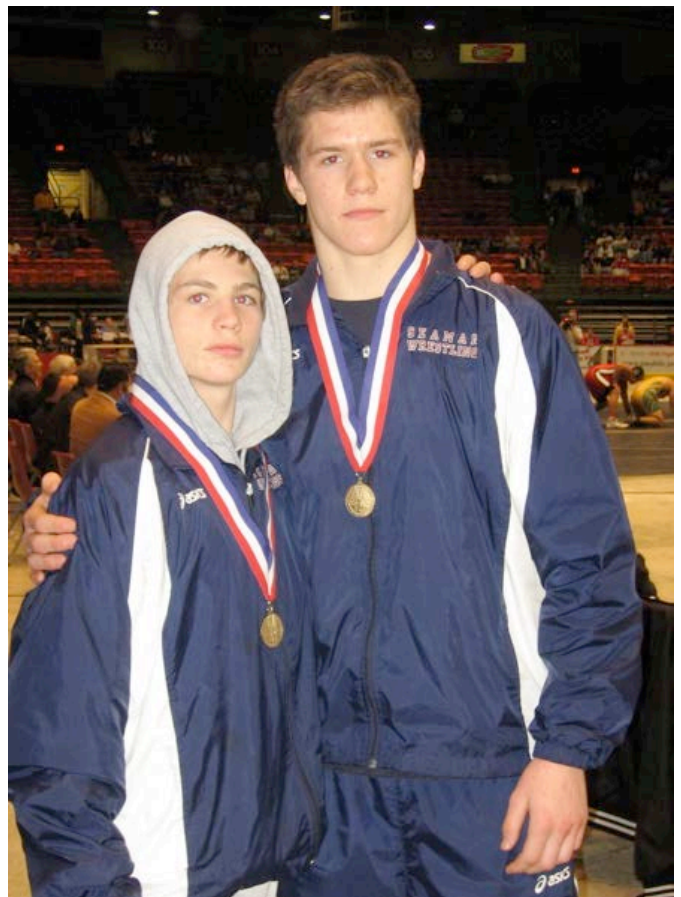
Varsity

Hunter Garrett (11) 119 and
Steven Cooksley (11) 189

Garrett and Cooksley earned sixth-
place medals from the 2009 5A
State Tournament.

Garrett earned his second medal
after earning fifth-place medal a
year ago.

Cooksley pinned two of his
opponents at state to finish with a
team-leading fifteen on the year,
despite missing a month of the
season due to knee surgery. He
lost an overtime decision in the
quarter-finals to the eventual state
champion from Great Bend.



Seaman Wrestling



"Home of the Vikings"

March 8, 2009

Seaman's Five First Team All-City Selections Set the Pace

Five Seaman wrestlers were named First Team All-City by the coaches following the 2008-09 season. Shawnee Heights put four on the first team, Washburn Rural had three first teamers, and Highland Park and West each had one.

Earning the top spots for the Vikings were; Sophomore Bret Simmons at 112 pounds, Junior Hunter Garrett at 119 pounds, Sophomore Cole Schreiner at 130 pounds, Junior Steven Cooksley at 189 pounds, and Rick Singer at 215. Junior Adam Tignor was a second team selection at 135 pounds. Seaman's Honorable Mention picks were; Freshman Zach Pittman at 103 pounds, Freshman Geoff Garrison at 125 pounds, Junior Sam Blindt at 152 pounds, Junior Shayne Boswell at 160 pounds, and Senior Matt Cooksley at 171 pounds.

Nine of eleven All-City selections from Seaman return for the 2009-10 season.

Seaman Wrestling

"Home of the Vikings"



Final 2008-09 Varsity Records

Weight	Name	Record	Falls	Takedowns	Results
103	Jonathan Boucher (9)	4-14	2	8	Wamego Invitational
103	Zach Pittman (9)	8-14	2	8	Seaman 41 Silver Lake 26
112	Bret Simmons (10)	21-18	9	38	Seaman 78 Chase County 0
119	Austin Hogan (9)	2-0	1	2	Seaman 82 Hayden 0
119/125	Hunter Garrett (11)	25-18	9	38	Seaman 70 Wamego 12
125	Geoff Garrison (9)	16-18	4	22	Seaman 35 Abilene 39
130/135	Cole Schreiner (10)	31-14	9	76	Clay Center Tournament
130	George Gillaspie (10)	3-2	2	7	9 th place (out of 10 teams)
130	Nate Haas (10)	4-4	3	3	West/Rural Double Dual
135/125	Dylan Kadous (9)	2-11	1	1	Seaman 48 Washburn Rural 21
135	Jeremy Finan (10)	1-0	0	0	Seaman 74 Topeka West 6
140/35/45	Adam Tignor (11)	18-16	8	33	Winter Wrestling Classic
140	Cody Pierce (9)	0-4	0	0	11 th place (out of 16 teams)
140	Keith Romick (11)	0-1	0	0	Maize Invitational
140	Scott Carlat (12)	9-12	4	11	7 th place (out of 9 teams)
145	Alex Stattleman (9)	0-8	0	0	Shawnee Heights Dual
152/160	Sam Blindt (11)	20-24	7	41	Seaman 29 Heights 39
160/171	Shayne Boswell (11)	15-26	5	17	Basehor-Linwood Tourn.
171	Austin Ogden (11)	2-7	0	0	17 th place (out of 32 teams)
171	Matt Cooksley (12)	7-18	3	10	Emporia Dual Tournament
189	Steven Cooksley (11)	25-9	15	51	Seaman 6 Emporia 56
285/215	AJ Brown (9)	6-8	4	3	Seaman 30 Wichita Heights 40
215/189	Rick Singer (12)	27-15	9	53	Seaman 19 Derby 45
285	Nick Casper (11)	1-5	1	2	Seaman 27 Junction City 43
285	Tyler Moon (11)	0-4	0	0	Gardner-Edgerton Dual

Regional Tournament	5 th place (out of 8 teams)	Silver Lake Tournament
5A State Tournament	23 rd place (out of 32 teams)	4 th place (out of 15 teams)
		Centennial League Tourn.
		5 th place (out of 10 teams)


Final 2008-09 Sub-Varsity Records

Weight	Name	Record	Weight	Name	Record
103	Jonathan Boucher	9-7	140	George Gillaspie	1-1
103	Zach Pittman	11-2	140	Keith Romick	8-19
103	Zak Kennedy	10-16	145	Alex Stattleman	8-14
112	Connor Smith	8-11	152	Cody McKnight	10-9
125	Austin Hogan	10-14	160	Branden Watson	18-13
125	Colton McKnight	13-6	160	Dylan Hall	14-12
125	Dylan Kadous	8-3	171	Austin Ogden	9-6
125	Geoff Garrison	0-2	171	Matt Cooksley	4-3
125	Junhwan Park	10-15	189	Spencer Hildebrandt	18-10
130	Aaron Cool	21-8	215	AJ Brown	15-4
130	Ben Drechsler	3-17	215	Jason McGinty	24-5
130	Michalel Allen	2-10	285	Donovan Whiteaker	15-8
130	Nate Haas	9-7	285	Nick Casper	13-11
135	Jeremy Finan	10-14	285	Tyler Moon	9-6
140	Cody Pierce	12-12			

Seaman Wrestling

"Home of the Vikings"

Wrestlers of the Week 2008-09

Date	Varsity	Junior Varsity
December 6	Geoff Garrison Cole Schreiner Steven Cooksley	Jason McGinty
December 13	Sam Blindt Adam Tignor Cole Schreiner	Branden Watson
December 20	Austin Hogan Nate Haas Matt Cooksley Cole Schreiner	Spencer Hildebrandt
January 10	Hunter Garrett Rick Singer	Colton McKnight
January 17	Bret Simmons, Cole Schreiner, Adam Tignor, Sam Blindt, Steven Cooksley, Rick Singer	AJ Brown
January 24	Adam Tignor Sam Blindt Steven Cooksley	Aaron Cool, Colton McKnight, Jason McGinty, Dylan Hall, Tyler Moon, Cody McKnight
February 7	Bret Simmons Hunter Garrett Rick Singer	Donovan Whiteaker Cody Pierce Jason McGinty
February 14	Bret Simmons, Hunter Garrett, Cole Schreiner, Steven Cooksley, Rick Singer	Zak Kennedy Aaron Cool Jason McGinty
February 21	Bret Simmons, Hunter Garrett, Cole Schreiner, Sam Blindt, Shayne Boswell, Steven Cooksley, Rick Singer	
February 28	Hunter Garrett, and Steven Cooksley	

Seaman Wrestling



"Home of the Vikings"

Superlatives 2008 - 09

Superlative	Time, Record, Criteria, etc.	Wrestler(s)
Most Wins	31	Cole Schreiner
Most Falls	15	Steven Cooksley
Fastest Fall	11 seconds	Bret Simmons
Most Takedowns	76	Cole Schreiner
Team Captains	As voted on by teammates	Steven Cooksley, Cole Schreiner, and Rick Singer
Most Inspiring	Provided an example for others to follow of competitiveness and effort	Sam Blindt
Most Improved	As observed over the course of the season or as compared to the previous season(s)	Rick Singer and Bret Simmons
Image Award	Exemplification of Competitive, Academic, and Social Ideals	Sam Blindt
Top Technician	Implementation of diverse skills done at a high level of competence	Cole Schreiner
Coaches Appreciation Award	Above and beyond sacrifices and contributions to the good of the team	Jason McGinty, Nick Casper, and Keith Romick
All-City	Selected by city head coaches, based on the season's performance	1 st Team - Simmons, Garrett, Schreiner, Cooksley, Singer 2 nd Team - Tignor
All-Centennial League	Awarded at the Centennial League tournament. Determined by top three finish	2 nd Team - Singer 3 rd Team - Simmons, Garrett, Schreiner, Cooksley
State Recognition	State qualifiers and medalists	Bret Simmons, Hunter Garrett, Cole Schreiner, Sam Blindt, Shayne Boswell, Steven Cooksley, Rick Singer
Scholar-Athlete (Plato) Award	3.0 cumulative GPA or higher (Through the first semester of the current school year)	21 Wrestlers met this criteria (2 are earning a 4.0 GPA or better)
Ironman	No scheduled practices, competitions, or other team functions missed for any reason	Jason McGinty, Rick Singer, Sam Blindt
Lettermen	3 Varsity wins or 15 Varsity matches or 1 varsity fall	22 Wrestlers met this criteria
Turn-Around Award	Positive progress made in areas of work ethic, attitude, and contribution to the team	Bret Simmons
Class of 2012 Award	Members of the Freshman class who successfully finished the season	Sixteen members comprise the Class of 2012
Newcomer Award	Awarded to a wrestler new to the sport that demonstrated success beyond expectations	Branden Watson
Stick-to-it Award	Awarded to an athlete who has the potential to reach greater success with continued dedication	Junhwan Park and Jeremy Finan

Seaman Wrestling



"Home of the Vikings"

Lettermen

Sam Blindt (11)
Sam Blindt (11)
Shayne Boswell (11)
Austin Ogden (11)
Matt Cooksley (12)
Steven Cooksley (11)
AJ Brown (9)
Rick Singer (12)
Nick Casper (11)
Jason McGinty (10)
Spencer Hildebrandt (10)
Jonathan Boucher (9)
Zach Pittman (9)
Bret Simmons (10)
Austin Hogan (9)
Hunter Garrett (11)
Geoff Garrison (9)
Cole Schreiner (10)
Nate Haas (10)
Dylan Kadous (9)
Adam Tignor (11)
Scott Carlat (12)

All-City

Bret Simmons (10) - 1st Team
Hunter Garrett (11) - 1st Team
Cole Schreiner (10) - 1st Team
Steven Cooksley (11) - 1st Team
Rick Singer (12) - 1st Team

Adam Tignor (11) - 2nd Team

Zach Pittman (9) - Honorable Mention
Geoff Garrison (9) - Honorable Mention
Sam Blindt (11) - Honorable Mention
Shayne Boswell (9) - Honorable Mention
Matt Cooksley (12) - Honorable Mention

Patrick Kelly – Coach of the Year

All-Centennial League

Rick Singer (12) - 2nd Team

Bret Simmons (10) - 3rd Team
Hunter Garrett (11) - 3rd Team
Cole Schreiner (10) - 3rd Team
Steven Cooksley (11) - 3rd Team

Zach Pittman (9) - Honorable Mention
Geoff Garrison (9) - Honorable Mention
Matt Cooksley (12) - Honorable Mention

State Recognition

Bret Simmons (10) - Qualifier
Hunter Garrett (11) - 6th place
Cole Schreiner (10) - Qualifier
Sam Blindt (11) - Qualifier
Shayne Boswell (11) - Qualifier
Steven Cooksley (11) - 6th place
Rick Singer (12) - Qualifier