

updated  
5-19-20

# SEAMAN HIGH SCHOOL

## 2020 BOYS & GIRLS CROSS COUNTRY SCHEDULE

DATE	DAY	MEET	TEAMS	LOCATION	TIME
8/17/20	Mon.	<b>Practice Begins</b>	-	-	-
8/27/20	Thurs.	<b>Team Pictures</b>	-	on campus	3:30
9/5/20	Sat.	Manhattan Inv.	15	Manhattan (Warner Park)	8:30
9/12/20	Sat.	T. West Inv.	8	Kanza Park	9:00
9/19/20	Sat.	Baldwin City Inv.	14	Baldwin	8:30
9/26/20	Sat.	Rim Rock Inv.	20	Lawrence (Rim Rock)	9:00
10/3/20	Sat.	Seaman Inv.	11	HOME (Shawnee North C.C.)	9:00
10/10/20	Sat.	City (T. High - hosts)	7	Kanza Park	9:00
10/17/20	Sat.	League (H. Park - hosts)	9	Kanza Park	10:00
10/24/20	Sat.	Regionals	Var.	TBA	10:00
10/31/20	Sat.	STATE	Var.	Lawrence (Rim Rock)	TBA
<b>Head Boys Coach - Luke Wiens (lwiens@usd345.com)</b>					
<b>Head Girls Coach - Rick Brading (rbrading@usd345.com)</b>					
Assistant Coaches - Michael Kennett, Andrew Stueve					